

## Pineapple, Brown Sugar Ham

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This simple crock-pot ham recipe is inspired by a recipe from the My Incredible Recipes, which can be found here: <http://myincrediblerecipes.com/crock-pot-brown-sugar-pineapple-ham/>

We have altered and slightly simplified the recipe.

### Ingredients

- 1 Smoked or Fresh Ham Roast
- 2 cups pineapple juice
- 1 cup brown sugar
- 1 cup water

### Directions

Place roast in slow cooker and pour pineapple juice and water over top. Top with brown sugar. Cook on low for 6-8 hours and ensure that the internal temperature reaches 140 degrees. Enjoy!

